

TRAINING REPORT
DIR UPPER, KHYBER PAKHTUNKHWA

Mine Risk Education

By:

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Introduction

In armed conflicts and natural disasters more than half of the affected population is under the age of 18. Children are more exposed and vulnerable than adults in an emergency and only by considering their special needs of protection we can improve their possibilities to safety, survival and development. Therefore organizations that works in emergencies needs to be aware of child rights and of children special protection needs. For program planning and daily work special consideration on how to better protect children in emergencies is necessitated.

Mine is hazardous explosive device without an expiry date that can either kill or maim people and animals. Mine are used as one of the main weapon during arm conflicts by the forces to kill or injure, to protect important locations, to act as an early warning signal and to slow down the pursuing forces. Pakistan became under threat of mines from the Russian invasion in Afghanistan. After that the continued unrest in that area and the cross border activity was the main cause of this threat. Some areas of Pakistan are contaminated and are declared risky. However common information of those areas as well as the affected population is not commonly available due to multiple reasons.

Mine-risk education, or MRE, refers to educational activities aimed at reducing the risk of injury from mines and unexploded ordnance by raising awareness and promoting behavioral change through public-information campaigns, education and training, and liaison with communities. MRE ensures that communities are aware of the risks from mines, unexploded ordnance and/or abandoned munitions and are encouraged to behave in ways that reduce the risk to people, property and the environment.

Through Assistance of UNICEF a Mine Risk Education Took Kit is developed and is ready for distribution in sensitive areas. Considering the unique nature of this education material, it is important to delivery it through a specialized training that will ensure that the master trainers will further impart the information in effective way contributing towards reducing the risk of risks associated with mines and IEDs.

Area selection:

Based on the meetings with relevant authorities and reference to the initial research conducted in identifying risk areas, Dir Upper was selected for the rollout of the mine risk education to children and their caregivers. Dir Upper was considered as one of the contaminated area with land mines and IEDs as the area was severely hit by militancy in 2009 and prior to that the area was also vulnerable to the spell-over effects of the unrest in Afghanistan. The cross-border movement and being near to Federally Administrative Tribal Areas (FATA) have also some contributions in exposing this area to the risks of mines and IEDs. Since District Dir Upper is all most mountainous, the flooding and other related phenomena also cause these mines and IEDs to spread

towards the lower areas of the district. Thus leaving communities there at risk of fatal and non-fatal harms.

According to the updated census report 2017, total number of households in Dir Upper are 120,228 and total number of individuals are 946,421 (466,173 male, 480,247 female and 1 transgender).

The union councils mapped in Dir Upper includes: Doag Bala, Surbat, Barawal Bandi, Jandrai, Beyar, Tarpatar, Samkot, Wari, Sheringal, Darora, Jarjuray, Gogyal, Bibyaware, Pankot, Ganori, Chukiatan, Serati, Bibyaware, Sundrawal, Doag Dara and Ganori.

Specific union councils and areas with achievable targets for both school and community were finalized mutually with stakeholders during planning meetings.

Training Objective

Overall objectives of Mine Risk Education training are

- i. To produce a pool of at-least 210 trained teachers from public schools and 105 community-volunteers by imparting them relevant and appropriate knowledge and skills in the use of Mine Risk Education (MRE) toolkit with children and their caregivers in most vulnerable communities;
- ii. To cascade relevant knowledge and information to children and their caregivers on the mines risk education through trained 210 schools and 105 community-volunteers in their schools and communities, respectively;

Training Methodology

The training methodology was basically participatory and experiential. Through lectures, group work, presentations and discussions, the participants were encouraged to experience, understand, and contribute towards individual as well as collective learning.

Through these discussions, the trainees became aware of the practicalities, observed the difficulties and tried to clarify it in group discussions and through the help of course trainer. They also went through making presentations based on group works. The presentations were analyzed by the facilitator for better learning, understanding & refinement of the work done.

Data & Targets

Achievable targets were set with consultations of related stakeholders based on statistical report of Elementary & Secondary education Department 2015-2016. The targeted children could be sensitized & oriented on MRE by the trained school teachers and community volunteers through regular sessions. Data of the Dir Upper is given in the table.

Dir Upper- Annual Statistical Report E&SE Department 2015-2016										Target children (on average)		
Level	No of Schools			Teachers			Enrollment			Male	Female	Total
	Total	Male	Female	Male	Female	Total	Male	Female	Total			
Primary	842	591	251	1664	641	2305	81403	54024	135427			
Middle	90	64	26	369	115	484	19926	8625	28551	13,127	25,001	38,127
High	53	40	13	519	116	635	7932	2522	10454			
Total	985	695	290	2552	872	3424	109261	65171	174432	13,127	25,001	38,127

Overall Training Contents

The following contents were mainly covered during two days training course:

- Disaster & Emergency Situations and Child Protection Issues/Threats
- Role of teachers and community in ensuring the protection of children and vulnerable communities
- Current scenario of Mine Risks in particular geographical areas of Khyber Pakhtunkhwa
- Importance of education about mine risks
- Roles and responsibilities of stakeholders for protecting children against mines/IEDs and other explosives
- Mine Risk Tool Kit
- Mine Risk Education Material and its implementation strategies

Training Outcome

The sessions remained highly interactive and all the participants took part actively in the proceedings. They openly shared their experiences which helped to identify the areas of risks and improvement in current system. The participants were able to understand the design of MRE tool kit and its concept for child protection and its significance in disaster and emergencies. At the end of training teachers and community members submitted their action plans for future action to better utilize the tool kit.

Proceedings

The training started with participants' registration and the recitation of the Holy Quran. Ms. Zainab welcomed the participants and formally inaugurated the day's proceeding. Introduction of participants was facilitated by Trainer in an informal and enjoyable way, asking them to stand in a circle and to throw a ball to the other participant shouting their name. Once all the participants call their names out the activity was repeated and this time the participant is asked to call the name of the participant to whom the ball is thrown to. The activity set conducive environment for adult learning and experience sharing.

Sharing expectations and setting of norms was the next activity facilitated by the trainer. The participants' expected to gain basic child protection knowledge & its importance, understanding of child rights in emergencies, ways to sensitize the community and strategy to improve child protection programme in KP. Setting ground rules all participants ensured to listen and respect each another, mobile phones were turned off and punctuality was most demanded. Deputy Commissioner office passed on message for the participants and shared that children of the same district have had been experience such risks. It was emphasized the participants to get the required information on Mine Risk Education and the acquired knowledge may be apply in you respective schools and communities.

School Mapping Exercise

All teachers were asked to write their school names on the sticky tag and posted them on the map where their respective school was situated. The school mapping exercise clearly identified the catchment areas and also highlighted the surrounding schools in risk areas in case the teachers extend the scope of their training.

Protection Issues of Children

To visualize children in emergencies, their suffering and needs; participants were asked to close their eyes and an emergency situation was narrated to them. Minute details were shared so to paint a clear picture in participant's mind. Once the plot was set, the participants were told to imagine themselves as children living with parents. After imaging for a while the participants shared their feelings of terror, loneliness and mental disturbance/ trauma. The activity also enabled the participants to emphasize the problems that children face during emergencies and the varying ways in which different groups of children are likely to experience emergencies. After this activity Cabbage activity was conducted. The participants were asked to write one point which they wanted to highlight in focusing on the role of teachers and community members as main role players to ensure the protection of children. The activity was appreciated by all, as it cleared the concepts and understanding and assisted well to get the ideas of community role and responsibilities.

Design of Mine Risk Education Tool Kit

Mine Risk Education tool Kit was introduced to the participants and also its components. Initially the facilitators manual was discussed. As per the facilitators manual each education material was presented and discussed to clarify and communicate its importance. The co- facilitator, Mr. Saddique explained the development phases of Mine Risk Education Tool Kit Design. It was shared that product is designed based on the research study conducted with line departments and other potential stakeholders. The facilitator unfolded the MRE Kit before the trainees and explained each item of the kit. The facilitator explained how to utilize this kit with children and other community groups to disseminate mine risk education to maximum masses.

Apart from this, the facilitator staged a practical exercise on MRE tool kit with trainees. Mat game and Quiz cards were played together. This exercise reinforced the utilization of MRE tool kit. The facilitator also demonstrates the trainees on community guide and posters and capacitates them on its utilization.

Development of further training plan by teachers & Community.

This part was conducted through group activity. Groups were devised for the development of lesson plans for further rolling out of MRE tool kits. The lead facilitator explained how to prepared lesson plan. Teachers & community members have developed their lesson plans for further rolling out of MRE tool kit for their respective schools and community. The developed Lesson plans include the following details like name of trainee, school name, objectives, activity details, frequency of activities, target audience and reporting mechanism.

In lesson plans teachers and community members have set 6 to 8 activities in their plans. Some of them tagged their activities to be completed in one year while some of them planned two or three activities per month.

Deputy education officer (male & Female) were also present during the development of lesson plan. Each group presented their model lesson plan before the larger group for further discussions and answer questions. Useful and fruitful discussion was generated which yield the development of individual lesson plan. Each individual lesson plan was mutually signed by District Education Officer (M/F) and PDMA's representatives.

Methodology for reporting and Monitoring

All Lessons plans of teachers were mutually signed by DEO Male & Female and PDMA's representative.

Reporting mechanisms were also reflected in each plan that included emails, formal communication through letters, social media and other communication methods available. PDMA and DEO office will closely monitored and follow up on lesson plans.

Methodology for community members

PDMA and the community representatives agreed that the trained volunteers would develop Lesson plan for rolling out the same in their respective areas. Community volunteers agreed that they could share their reports to PDMA directly or through their representatives. The channel could be used for reporting purpose can be emails, phone calls, letters other communication modes.

Annexure I

Agenda

Two Days Training Workshop on Mine Risk Education at District Dir Upper

Day-1

Time	Agenda	Facilitator
9:00 am	Registration/Introductions	All participants
9:15 am	Welcome Remarks	Deputy Commissioner
9:30 am	Norm sitting for training	Mr. Siddique
10:00 am	School Mapping Exercise- Catchment area determined	Participants
10:30	TEA	
11:00 am	Children and protection issues	Zainab Khan
11:30 am	Role of teachers and Community volunteers in protecting children	Zainab Khan
12:00 pm	Role of teachers and Community volunteers in protecting children (Group Work)	All Participants
1:00 pm	Launch Break	
2:00 pm	Mines and IEDs (Historical Perspective/Pakistan specific)	Mr. Siddique

2:30 pm	Need for Mine Risk Education	Mr. Siddique
3:30 pm	Conclude the Day/ Refelctions	

Agenda - Day-2

Time	Agenda	Facilitator
9:00 am	Review of Day-1	Zainab Khan
9:15 am	Introduction to MRE Tool Kit	Zainab Khan
9:30 am	MRE Tool Kit Components and Use	Mr. Siddique
10:30	TEA	
11:00 am	MRE Tool Kit Components and Use	Zainab Khan
11:30 am	Methodologies on the use of tool kit	Zainab Khan
12:30 pm	Lesson Planning on how to use the MRE Tool Kit (Group Work)	Mr. Siddique
1: 00 pm	Launch Break	
2:00 pm	Continued	Mr. Siddique
3:00 pm	Teacher`s plan on imparting lessons- further dissemination plan (timeline, audience, resource needed, M&E, information management)	Zainab Khan
4:00 pm	Closing	

Annexure II

Lesson Plan for Mine Risk Education Tool Kit

Date Submitted:

Name		School	
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Objective:

Activity Details	
Frequency of Activities	
Target Group	
Reporting Mechanism	

**District Education Office
PDMA**

CP Coordinator

Annexure III

Attendance sheets of the participants.

Teachers Attendance sheet day 1

Attendance Sheet for Teachers Training on "MINE RISK EDUCATION" at District DIR UPPER

Date: 26 Sep 2017 (1st Day) Venue: Hotel Green Hills, Dir Upper

S.No	Participant Name	Designation	School Name	Contact #	Signature
1	Fatma Aziz	SST (A)	GHS Bujwara	031-986200	[Signature]
2	Shabnam Bibi	SST (Sc)	GHS Bujwara	0300030200	[Signature]
3	Mashtal Akbar	SST (Sc)	GHS Sumbawal	0343 945801	[Signature]
4	Fatima	SST	G.G.H.S Sumbawal	0313697500	[Signature]
5	Tabassum Bibi	SST (Sc)	G.G.H.S Sumbawal	0311962784	[Signature]
6	Musrat	SST (Sc)	G.G.H.S Sumbawal	0342 387400	[Signature]
7	Nabila Mahmood	SST (Sc)	G.G.H.S Panatol	0324000000	[Signature]
8	Bushra Sultan	SST (Sc)	G.G.H.S Dir Upper	0300911104	[Signature]
9	Muhammad	C.T	GHS Shergal Dera	0323929000	[Signature]
10	Afsal Basha	C.T	GHS Darg Bala	0320913700	[Signature]
11	Fareeha	C.T	GHS Sumbawal	0342960000	[Signature]
12	Gausia ud Din	C.T	GHS Bujwara	0300 0322 00	[Signature]
13	Saad Zain	DM	GHS Dera Dera	0312099700	[Signature]

14	Muhammad Zahir	C.T	GHS Tarpatar	0300 3161731	[Signature]
15	Zain Akbar	PET	GHS Sumbawal	0341200500	[Signature]
16	Syed Faraz Ghani	SST	GHS Baramal Bandi	03369491476	[Signature]
17	Syed Sahib Ullah	DM	GHS Jandri	0341001000	[Signature]
18	Nagina Noz	SST	G.G.H.S School Dira	03110334004	[Signature]
19	Husna Khan	SST	G.G.M.S. Darg para	0326557700	[Signature]
20	Rozia Sultana	SST	G.G.M.S. Sumbawal	0332957175	[Signature]
21	Hidayat Begum	SST	G.G.H.S Chukistan	0313922500	[Signature]
22	Fahim Rehman	C.T	GHS Wari	0345542200	[Signature]
23	Muhammad Shah	DESO	DEO office Dir (U)	0345952074	[Signature]
24	Syed Abdul Wahid	ADSO	Edu-office Dir U,	0347 900030	[Signature]
25	Lubana Hanif	PET	G.G.H.S School Baramal	0345912200	[Signature]
26	Muhammad Danish	DM	DEO (M) Office	0344 96300	[Signature]
27	Zohra Jahan	DESO	DEO (E) Office Dir U	0322908700	[Signature]
28	Amirul Karim	SKM	DEO (E) Office Dir U	0346 91100	[Signature]
29	M. Sami Zia	CP (M.E)	PDRA	0300 0322 00	[Signature]

30	S. M. Farhan	CP (M.E)	PDRA	0300 0322 00	[Signature]
31	M. Sami Zia	CP (M.E)	PDRA	0300 0322 00	[Signature]
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Teachers Attendance sheet Day 2

Attendance Sheet for Teachers Training on "MINE RISK EDUCATION" at District DIR UPPER

Date: 27 Sep 2017 (2nd Day) Venue: Hotel Green Hills, Dir Upper

S.No	Participant Name	Designation	School Name	Contact #	Signature
1	Farrasurrah	C.T	GMS Sushal	03429602220	[Signature]
2	Ganbarud Din	C.T	GHS Bagan	0344-932100	[Signature]
3	Fuad Rahwar	C.T	GMS WADP	0342912000	[Signature]
4	Muhammad Rabir	C.T	GMS Tarpatar	03003161731	[Signature]
5	Ijaz Ahmad Khan	PET	GHS Samket	03012005122	[Signature]
6	Muhammad Shah	C.T	GHS Sheringal	03232270092	[Signature]
7	Syed Faizal Ghani	SST	GHS Barawal Baedi	03369634423	[Signature]
8	Saeed Zarin	SDM	GHS Deraa Dir (U)	03428047110	[Signature]
9	Afjal Baha	C.T	GMS Deraa Bala	0320727386	[Signature]
10	Syed Akbarullah	D.M	GMS Jandri	0341002089	[Signature]
11	Fauzgin	S.S.T	G.G.H.S. - Sundrawan	03136995588	[Signature]
12	Lubna Khari	S.S.T	G.G.M.S Deraa Deraa	0326577057	[Signature]
13	Nabira Mahmood	SST(S)	GHS Panat	0342800097	[Signature]

14	Roshna Sultan	SST(S)	G.G.H.S. Dir Upper	03009533200	[Signature]
15	Tubanaum Bibi	SST(S)	G.G.H.S. Chumari	0341962202	[Signature]
16	Muskat	SST(S)	G.G.H.S. Bamari	0342827403	[Signature]
17	Sabirah Bibi	SST(S)	G.G.H.S. Bagan	0300800200	[Signature]
18	Mashal Alam	SST(S)	G.G.H.S. Sheringal	0343963200	[Signature]
19	Najina Naz	SST(S)	G.G.H.S. School Dir	0311031000	[Signature]
20	Rozia Sultan	SST	G.G.M. School Sakai	03320157420	[Signature]
21	Hidayat Begum	SST	G.G.H. School Chumari	0313983850	[Signature]
22	Muhammad Shah	SIDE-O	SIDE-O office Dir (U)	03453520740	[Signature]
23	SYED ABDUL WAHID	SIDE-O	Education office Dir (U)	0347300030	[Signature]
24	Muhammad Ghani	SIDE	Education office Dir	03449603209	[Signature]
25	Muhammad Khan	SIDE	DEO(D) Office Dir (U)	03469111004	[Signature]
26	Lubna Hanif	PET	GMS Bagan	0345923230	[Signature]
27	Zehra Jalal	DEO(C)	DEO(C) (G+SE) Dept	0329687412	[Signature]
28	M. Siddique	CR(ME)	PDMA	0334833000	[Signature]
29	S.M. Farhan	CR(A&F)	PDMA	0342800097	[Signature]

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Community Volunteers Attendance sheet day 1

Attendance Sheet of Community Volunteer During MRE Training Sessions at District DIR UPPER

Date: 28 Sep 2017 Venue: Hotel Green Hills, Dir Upper

S.No	Participant Name	Village/Union Council Name	Contact #	Signature
1	Sayed Kifayatullah	U.C. Ghanori ^{Chowman Lake}	03133362225	[Signature]
2	Sohail Abbas	Shaw. Dir (U)	0343-903485	[Signature]
3	Naseemullah	U.C. Daq Dar Badakhsh	03408297628	[Signature]
4	Hayat Ullah	Mohallah Gijhar Dir Town	0344-9771155	[Signature]
5	Yahya Bantian	U.C. Saumi Dir Upper	0300-0923057	[Signature]
6	Sahibzade Faraz Hussain	U.C. Saumi Dir Upper	03088647953	[Signature]
7	Shah Bahadar	U.C. Gwaldauk Bawaly	03469303050	[Signature]
8	Sayed Maroof Jan	U.C. Ghanori Dir (U)	0313-9762066	[Signature]
9	Sayed Muzamil Dir	U.C. Ghanori Dir (U)	0313-9830084	[Signature]
10	Khanzaid Khan	U.C. Chokytara	03433585841	[Signature]
11	Sayed Ahmad Hussain	U.C. Ghanori Dir (U)	0313-9113237	[Signature]
12	Sayed MURMAN JAN	U.C. Ghanori Dir (U)	0316-7640027	[Signature]
13	SAEED Akbar	U.C. Ghanori Dir (U)	03169377980	[Signature]
14	Kamal uddin	v/c Jattot U/c sheringal Dir (U)	03025662153	[Signature]

15	Biradar Khan	U.C. Deraikand ^{Chowman}	03028352255	[Signature]
16	Ikhtisab	Dir Upper (Town)	0300-9073274	[Signature]
17	Shah Zami Khan	U.C. Deraikand	03078094925	[Signature]
18	Nasir-ul-Amin Khan	U.C. Barikot Dir (UPPER)	03009300026	[Signature]
19	Hariq Rashid	U.C. Barikot Dir (UPPER)	0347-080025	[Signature]
20	Amirullah	U.C. Barikot Dir (UPPER)	0347-080025	[Signature]
21	Anwar Zeb Khan	Village Kars Dir (UPPER)	0347-080025 02469357070	[Signature]
22	Sultan Mubaxxam Khan	U.C. Palam Khari	03078056400	[Signature]
23	M. Ayoub Khan	U.C. Palam Khari	03085740615	[Signature]
24	Muhammad Kam Khan	U.C. & v/c Ghanori	03139746611	[Signature]
25	Gul Ahmed	U.C. Quladi Dobando	03005971119	[Signature]
26	Zayid Zeb	PRC Dir	03449137686	[Signature]
27	TARIQ HUSSAIN	"	0246-7650600	[Signature]
28	M. Saad QUV	PDMA	0354-8356225	[Signature]
29	S.M. Farhan	PDMA (A.F. Assistant)	0345-983372	[Signature]
30	Miss Zahida Ghose	PDMA		[Signature]
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Pictorial Snap Shots





